to sleep, the latter ever-waking. When the individual self sleeps, he is then united to the *Sat.* He then attains his own true or ultimate form. All these living beings, when they reach the *Sat* in dreamless sleep, do not know they have reached the *Sat.* The Rishi then goes on explaining in various ways that this *Sat* is underlying all existence as the root not only of all the objective but likewise of our owif subjective existence. Having thus *discovered* the Universal Self which comprehends all finite selves and beings and which is both the efficient and material cause of the Universe, as already stated above, Aruna says to his son : " *Now that which is that subtle essence, in it all that exists has its self. It is the True. It is the Self, and thou, 0 Swetaketu, art t/iat/'*

The sections of Chapter VI containing this teaching are unique in the whole of the Upanishadic literature alike for boldness of speculation and grandeur of expression. The great unseen Reality is identified with the human soul. The conversation between the father and the son is marvellous for depth of thought and dramatic exposition. The deepest curiosity of the son has been roused by the astonishing

revelation of the father, and Swetaketu prays to be
enlightened more and more on the subject, and the father
in an unfaltering voice goes on declaring, "*"Thou art that"*
and explaining the *Sat* in its subjective and objective aspects.
And the various questions supposed to have been put to the
father by the son to which answers were given by the former
in sections ix to xvi of the chapter evidencing Arum's pro-
found philosophical insight have been summarised by Sankara
•as follows:—

(1) All creatures falling every day into deep sleep *[sushupti)* obtain thereby the *Sat,* the True Being. How is it then that they do not know that they obtain the *Sat* everyday ?

(2) If a man who has slept in his own house rises and goes to another village, he knows that he has come from his own house*

"Why then do people not know that they have come from the *Sat* ?